

## Female Coach Development

To create an environment that inspires and empowers females to coach and develop as coaches



## Female Coach Vision

To create an environment that inspires and empowers females to coach and develop as coaches

#### ESFA FEMALE COACH MENTOR TEAM

### **ESFA** colleagues/friends

- SARAH
- Football player from 12 yrs old
- Coaching 4 years +
- FSFA Women's Chair
- Coaching ESFA SAP
- Sydney FC Community Manager
- Recipient of FNSW Scholarship of C-Licence - 2019



- Football player from 14 yrs old
- Coach from 19 years old
- Ex-Board member at ESFA
- Secretary at Pagewood Botany FC
- B-Licence
- Technical Director at Camden **Tigers**



Football player from 9 yrs old Coach from 17 years old

**B-Licence** Head Coach at Matraville Sports High

Assistant at W-League Sydney FC

ALL KNOW EACH OTHER AND ALREADY WORK **TOGETHER** 

Coach/Mentor at ESFA SAP



### EASTERN SUBURBS FOOTBALL ASSOCIATION

### SUPPORT TEAM



Jaime



Caroline

- ESFA Technical Director/Head of Football
- ❖ Works with Alice and Sarah at ESFA SAP
- ❖ Works with Caroline in the ESFA office
- To be a mentor to Alice, Sarah and Julia
- ESFA Administrator
- Works with Sarah in her Sydney FC Club Coordinator role and ESFA Women's Chairs
- Worked with Alice as part of Sydney FC role
- Works with Julia as part of her PBFC role and previously worked together in ESFA role in Junior Football
- Caroline, Sarah and Julia were Community Bid Champions for the FIFA Women's World Cup 2023









## 2021

- Clubs engaged 50 names sent
- Survey sent to coaches
  - 18 responses



- Intro Workshop
  - > 16th December, 2020
- Whats App group formed with 23 joined (18 coaches, 5 mentors/support staff)
- Skills Training Workshops
  - 15th February 2021
  - 1st March 2021
- ESFA SAP Observations
  - March (Mon/Wed)
- Workshop Session Design
  - > April 26th @ ESFA Office
- Workshop Player Behaviour, Team Dynamics and Culture
  - ➤ June 28th via Zoom
- Sydney FC Coaching workshops September 2021 (2 workshops)



# Next Steps

- Re-engage clubs for more participants
- Calendar for 2022
- Female Only Courses